**Paperwork Instructions for 2015-2016**

**\*The online paperwork will not be available until after July 1, 2015.\***

Parents,

RRISD Middle Schools are using Rank One to submit some Athletics paperwork online. You must submit all of the following paperwork online in order to participate in Athletics:

* UIL Steroid Form
* UIL Cardiac Awareness Form
* UIL Acknowledgement of Rules Form
* UIL Concussion Form
* RRISD Extracurricular Code of Conduct Form (RRISD ExCC)
* RRISD Illegal and Controlled Substance Abuse Form (RRISD I & CS)
* RRISD Parent Consent

To submit forms online:

* Go to the RRISD website, [www.roundrockisd.org](http://www.roundrockisd.org)
* Click on Departments
* Then Click on Athletics (it is listed under the Student Support section)
* To the Left you will see ***“Online Forms”***
* Click on Online Forms hyperlink – [roundrockisd.rankonesport.com](file:///C%3A%5CUsers%5Ce124940%5CDownloads%5Croundrockisd.rankone.com) (**no** www. or http: )
* Then follow the directions to complete the forms.

Forms that must be signed and returned to coaches:

* Medical History and Physical\*\*
* Athletic Handbook Acknowledgement
* Emergency Card

\*\*The Pre-participation Medical History and Physical Form must be taken to a doctor to complete. You need to fill out the Medical History section before going to the doctor. Please do this after June 3rd to ensure that the physical is good for the entire 2015-2016 school year.

Once you have completed the online forms, the medical history and physical from a doctor, the Athletic Handbook, and Emergency Card, then your child will be eligible to participate in athletics (this includes practices during, before and after school).