

Bulldog Athletics



Participation Contract

As a participant in our athletic program, we expect the highest academic and character standards from our athletes. Our athletes must embody the integrity, self-discipline and work ethic that is their assumed responsibility and expected of all our participants. We expect our athletes to demonstrate respect and good character in all their behavior choices; whether that be in their daily actions on campus or in game situations against opponents.

All our program participants and families are required to follow all guidelines, policies and operating procedures that are set forth in this document, our handbook, and on their assigned teams by the coaching staff. All campus, district and UIL policies must be adhered to at all times. If any policies or operating procedures aren't followed, the result will be individual or team discipline consequences. Depending on the offense or the number of occurrences, the following actions could be taken (*coaches profession discretion applied/may not occur in the following order*):

1. O.T.I. (*Opportunity to Improve*) will be enacted.
2. A verbal or written apology for the action may be required by the student-athlete.
3. Family representative may be contacted when action occurs, or could be contacted if the athletes action(s) become repetitive.
4. Behavior Log (*optional*)

If issues persists, a behavior contract will be enacted, resulting in a conference with the coach, athletic coordinator, the parent and athlete. The expected conduct and consequences will be explained at the meeting and in the contract. If the child does not meet the expectations and make the appropriate required changes; removal from the athletic period and program will occur at another date.

The removal from a particular team, or athletic program is an option at any time; based upon the discretion of the head coach, the athletic coordinator and campus administration.

A program requirement for participation is that the participant must participate in two tryout sports to be placed in the athletic period, while remaining in good academic and program conduct status.

If an athlete fails two six week periods in the school year, they will be removed from the athletic period and placed in a PE class.

As a member of this program, each athlete will also be expected to adhere to these following guidelines:

1. Absence from practice: Athlete must call-in or email, prior to the absence. Please call the team coach to make them aware of the absence as soon as possible, or if late to the practice session.
2. Injury : Doctor or Athletic Trainer note must be submitted to the team coach as soon as the athlete returns to school. Notes are required to indicate what the injury is, the specific restrictions and anticipated recovery time. "Parent Notes" do not take the place of a Doctor's note. *Illness Policy: "If you are well enough to come to school, you're well enough to come to practice."*
3. Late to practice, game, or indicated meeting time: (3) 35 second O.T.I.'s before athlete can begin practice or play in game. Note: *If athlete does not make the required time, then the Coach may determine what O.T.I.'s to enforce. This may include towel pushes or outside running, etc.*
4. All jewelry will be removed for all practice, games and training sessions. Tattoos must not be visible in practices or at game competitions. Groom expectations are mandatory. No unnatural hair color is allowed, color streaks that are deemed inappropriate. You are a representative of our campus program, keep that in mind.
5. Phones are not allowed to be on, out or used inside of our locker room. Phones are not allowed out in the gym area during practice, team meetings, or competition time. Consequences will be enacted if this is abused.
7. Damage to issued equipment, or school property: Appropriate fine is assessed.
8. Travel to and from games will occur on school district buses. Only in an emergency situation will the coach/administrator in charge approve leaving with a parent with the *Alternate Travel Form* document (*24 hour advance notice required*). Talk to the Coach in advance.
9. All athletes will be instructed where to sit while the other teams are playing. They are expected to sit as a team and help cheer for their teammates. Participants will remain at the game(s) until it concludes and they are released by their coach of their required team duties.
10. In the event of an injury:
 - A. Players will undergo necessary treatment
 - B. Players will still attend practice/game and dress out
 - C. Doctor or Trainer clearance needed before returning
 - D. Players are expected to participate in practice/game sessions indicated by the team coach

11. Playing Time is not guaranteed, nor is it equal. Playing time is earned through practice sessions and is always at the discretion of the coach based upon various factors.
12. Concerns or problems will be addressed by following the following chain of command:
 - A. Athlete/Team Coach
 - B. Athlete/Parent/Team Coach
 - C. Athlete/Parent/Team Coach/Campus Athletic Coordinator
 - D. Athlete/Parent/Team Coach/Athletic Coordinators/Campus Administrator
13. All meetings with the coaches will be done on an appointment basis. Do not expect to be able to speak with them on issues during games or between/after games. Follow 24 hour rule.
14. Social Media Responsibility: Be careful what you tweet/post online. District and/or Legal actions will be taken for improper use that results in slander/defamation of character, illegal actions or harassment. It's simple... show respect and treat others as you would want to be treated.
15. Alternative school placement (RROC); If a participant is placed at the RROC and removed from our campus, they will be removed from our athletic period and placed in a PE class upon their return to our campus. If the former participant wants to return to athletics a meeting will occur with the program coach, athletic campus coordinator and campus administration. The situation will be assessed by all involved to decide if a second opportunity will be given for that young person based upon why removal occurred initially. If participation is granted, the child must earn their way back in, under a behavior contract. Speak to the athletic campus coordinator for more information.

I, _____, am committed to the Hernandez Athletic Program and my teammates. As an athlete I am committed to following all campus, district and UIL policies. I am committed to staying drug and alcohol free, as well as demonstrating good values and moral choices. I am committed to helping my teammates be the best people they can be. I am committed to always displaying good sportsmanship in game situations. I understand that participation in RRISD athletics is a privilege not a right and my playing time is based upon various criteria including my campus conduct. I will adhere to all expected program policies and operating procedures. I understand that there are consequences, should I violate any commitments or guidelines set forth in this contract or in our athletic handbook.

_____	_____	Date: __ / __ / ____
Student/Athlete Printed Name	Signature	

_____	_____	Date: __ / __ / ____
Parent/Guardian Printed Name	Signature	